

What is claimed is:

1. A fabrication method of an oral care composition comprising the steps of:
  - a) drying a *Cimicifuga* root;
  - 5 b) soaking the dried *Cimicifuga* root in a vinegar for a predetermined time period;
  - c) drying the vinegar-soaked *Cimicifuga* root;
  - d) admixing the vinegar-soaked then dried *Cimicifuga* root, a salt and a water at a sequential weight ratio of about 10% to 40%, about 10% to 40% and about 30% to 50%;
  - e) evaporating the admixture of the *Cimicifuga* root, the salt and the water to obtain a *Cimicifuga*-salt concentration; and
  - 15 f) removing *Cimicifuga* root fibers from the *Cimicifuga*-salt concentration.
2. The method of claim 1 wherein said each step is performed within a non-metallic container.
- 20 3. The method of claim 1 wherein said each drying step
  - a) and c) is performed on an oak panel layered over a heated floor.

4. The method of claim 1 wherein, in the step d), the sequential weight ratio of the vinegar-soaked then dried *Cimicifuga* root, the salt and the water is about 40%, about 30%, and about 30%.

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5. The method of claim 1 wherein the vinegar is a fermentation from a brown rice.

6. The method of claim 1 further comprising, after the step f), adding a filler material to the *Cimicifuga*-salt concentration.

7. The method of claim 6 wherein the filler material comprises a sodium chloride.

8. The method of claim 1 wherein the composition is one selected from a toothpaste, a mouth detergent, a mouthwash, a chewing gum, and a gum massage cream.

9. A fabrication method of an oral care composition comprising the steps of:
- a) drying a *Cimicifuga* root and a *Coptis* root;
  - b) admixing the dried *Cimicifuga* root and the dried *Coptis* root at a substantially equivalent ratio in weight;

c) soaking said each dried *Cimicifuga* and *Coptis* root  
in a vinegar for a predetermined time period;

d) drying the vinegar-soaked *Cimicifuga-Coptis* root  
admixture;

5 e) admixing the vinegar-soaked then dried *Cimicifuga-Coptis* root admixture, a salt and a water at a sequential weight ratio of about 10% to 40%, about 10% to 40% and about 30% to 50%;

10 f) evaporating the admixture of the *Cimicifuga-Coptis* root admixture, the salt and the water to obtain a *Cimicifuga-Coptis*-salt concentration; and

g) removing *Cimicifuga* root fibers from the  
*Cimicifuga-Coptis*-salt concentration.

15 10. The method of claim 9 wherein, in the step e), the sequential weight ratio of the vinegar-soaked then dried *Cimicifuga-Coptis* root, the salt and the water is about 40%, about 30%, and about 30%.

20 11. The method of claim 9 wherein, in the step e), the sequential weight ratio of the vinegar-soaked then dried *Cimicifuga-Coptis* root, the salt and the water is about 20%, about 40%, and about 40%.

12. The method of claim 9 wherein said each step is performed within a non-metallic container.

13. The method of claim 9 wherein said each drying step  
5 a) and d) is performed on an oak panel layered over a heated floor.

14. The method of claim 9 wherein the vinegar is a fermentation from a brown rice.

15. The method of claim 9 further comprising, after the step g), adding a filler material to the *Cimicifuga*-salt concentration.

16. The method of claim 15 wherein the filler material comprises a sodium chloride.

17. The method of claim 9 wherein the composition is one selected from a toothpaste, a mouth detergent, a mouthwash, a chewing gum, and a gum massage cream.

18. An oral care composition comprising:  
a) a *Cimicifuga* root and a *Coptis* root each substantially dried, soaked in a vinegar, and then  
25 dried for a predetermined time period, wherein the

dried, vinegar-soaked and then dried *Cimicifuga*  
root and *Coptis* root are formed at a substantially  
equivalent ratio in weight; and

b) a salt and a water, wherein the dried, vinegar-  
soaked and then dried *Cimicifuga-Coptis* root, the  
salt and the water are admixed at a sequential  
weight ratio of about 10% to 40%, about 10% to 40%  
and about 30% to 50%, wherein the admixture is  
evaporated to a *Cimicifuga*-salt concentration,  
wherein *Cimicifuga* root fibers are removed from  
the *Cimicifuga*-salt concentration to form the oral  
care composition.

19. The oral care composition of claim 18 wherein the  
vinegar-soaked then dried *Cimicifuga* root, the salt  
and the water is about 40%, about 30%, and about 30%.

20. The oral care composition of claim 18 wherein the  
vinegar-soaked then dried *Cimicifuga* root, the salt  
and the water is about 20%, about 40%, and about 40%.

21. The method of claim 18 wherein the vinegar is a  
fermentation from a brown rice.